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Title 22@ Social Security

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Division 3@ Health Care Services

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Subdivision 1@ California Medical Assistance Program

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Chapter 5@ ADULT DAY HEALTH CARE

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Article 4@ SERVICES AND STANDARDS

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Section 54339@ Activity Program

## **54339 Activity Program**

### **(a)**

The activity program shall be staffed and equipped to meet the needs and interests of each participant and shall encourage self-care and resumption of normal activities. Participants shall be encouraged to participate in activities suited to their individual needs. The activity program shall provide a planned schedule of social and other purposeful independent or group activities. Opportunities shall be provided for involvement, both individual and group, in the planning and implementation of the activity programs.

### **(b)**

The primary objectives of activity programs shall be to encourage the participant toward restoration to self-care and the resumption of normal activities or for those who cannot realistically resume normal activities, to prevent further mental or physical deterioration.

### **(c)**

The individual plan of care of each participant shall include an individual activity plan. This plan shall be reviewed quarterly.

### **(d)**

Each adult day health center shall designate an activity coordinator who shall be a full-time employee of the center. The activity coordinator shall have the following duties: (1) Assess the needs and interests of each participant and develop an

individualized activity plan as part of the individualized plan of care developed by the assessment team. (2) Record, date and sign quarterly progress notes in each participant record. (3) Provide or supervise the provision of activities specified in the activity plan. (4) Develop, implement and supervise the activity program. (5) Schedule and post planned activities.

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Assess the needs and interests of each participant and develop an individualized activity plan as part of the individualized plan of care developed by the assessment team.

**(2)**

Record, date and sign quarterly progress notes in each participant record.

**(3)**

Provide or supervise the provision of activities specified in the activity plan.

**(4)**

Develop, implement and supervise the activity program.

**(5)**

Schedule and post planned activities.

**(e)**

The center shall provide equipment and supplies necessary for the program, including special equipment and supplies necessary for participants having special needs.